

08/13/16

## Palmetto Powerlifting Classic

Name	Team	Div	Bwt - kg	IPF Wt CIs	DOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Pl/Div/Cls/Event	Wilks Pts
Kaitlin Kramer	SC	FR-O	57.00	57	5/25/91	107.5	110.0	115.0	115.0	62.5	65.0	-67.5	65.0	137.5	-140.0	-140.0	137.5	317.5	1/FR-O/57/PL	368.43
Jerri Lamar	NC	FR-O	56.70	57	5/4/89	95.0	97.5	-100.0	97.5	50.0	52.5	-55.0	52.5	110.0	120.0	122.5	122.5	272.5	2/FR-O/57/PL	317.52
Lauren Rutan	SC	FR-O	59.70	63	4/22/84	142.5	-150.0	-150.0	142.5	82.5	85.0	87.5	87.5	145.0	152.5	-160.0	152.5	382.5	1/FR-O/63/PL	428.09
Valerie Sinkler	SC	FR-O	62.80	63	12/22/79	92.5	100.0	107.5	107.5	67.5	70.0	72.5	72.5	135.0	145.0	155.0	155.0	335.0	2/FR-O/63/PL	360.63
Kelly Brown	SC	FR-O	59.58	63	1/24/71	92.5	95.0	97.5	97.5	62.5	-65.0	-65.0	62.5	102.5			102.5	262.5	3/FR-O/63/PL	294.26
Melanie Henderson	SC	FR-O	70.70	72	8/22/91	125.0	132.5	145.0	145.0	77.5	85.0	-87.5	85.0	170.0	185.0	192.5	192.5	422.5	1/FR-O/72/PL	417.47
Bergen Jorgenson	SC	FR-O	65.10	72	3/8/91	92.5	97.5	100.0	100.0	57.5	60.0	-62.5	60.0	115.0	120.0	125.0	125.0	285.0	2/FR-O/72/PL	298.65
Miriam McCune	SC	FR-O	69.00	72	12/31/85	55.0	-60.0	65.0	65.0	-55.0	55.0	-62.5	55.0	122.5	132.5	140.0	140.0	260.0	3/FR-O/72/PL	261.25
Jasmine McLaurin	SC	FR-O	78.30	84	1/29/91	-82.5	95.0	107.5	107.5	70.0	80.0	-92.5	80.0	157.5	175.0	185.0	185.0	372.5	1/FR-O/84/PL	345.05
Tracy Cook	NC	FR-O	77.00	84	7/10/70	105.0	112.5	120.0	120.0	62.5	67.5	72.5	72.5	137.5	147.5	157.5	157.5	350.0	2/FR-O/84/PL	327.39
Leigha Adams	SC	FR-O	82.50	84	9/30/88	100.0	110.0	-115.0	110.0	52.5	-60.0	60.0	60.0	142.5	155.0	-160.0	155.0	325.0	3/FR-O/84/PL	292.50
Laura Magruder	NC	FR-O	74.20	84	7/27/91	122.5	135.0	-140.0	135.0	45.0	-50.0	-50.0	45.0	112.5	120.0	130.0	130.0	310.0	4/FR-O/84/PL	296.70
Coley Kaeser	SC	FR-O	79.48	84	6/1/90	125.0	130.0	-135.0	130.0	42.5	-47.5	-47.5	42.5	130.0	-137.5	137.5	137.5	310.0	5/FR-O/84/PL	284.70
Dorothy Elison	SC	FR-O	82.10	84	10/1/80	82.5	90.0	105.0	105.0	67.5	75.0	-82.5	75.0	102.5	107.5	115.0	115.0	295.0	6/FR-O/84/PL	266.18
Mariah Krzemien	SC	FR-O	75.80	84	9/25/91	92.5	100.0	-105.0	100.0	-47.5	52.5	-57.5	52.5	-127.5	127.5	-140.0	127.5	280.0	7/FR-O/84/PL	264.43
Rachelle Courtney	NC	FR-O	83.90	84	1/23/92	77.5	85.0	92.5	92.5	62.5	65.0	-70.0	65.0	102.5	115.0	-125.0	115.0	272.5	8/FR-O/84/PL	243.15
Amy Stevens	SC	FR-O	97.50	84+	5/11/72	97.5	102.5	107.5	107.5	67.5	-72.5	72.5	72.5	110.0	115.0	122.5	122.5	302.5	1/FR-O/84+/PL	253.83
Tracy Cook	NC	FR-M1	77.00	84	7/10/70	105.0	112.5	120.0	120.0	62.5	67.5	72.5	72.5	137.5	147.5	157.5	157.5	350.0	1/FR-M1//PL	327.39
Kelly Brown	SC	FR-M1	59.58	63	1/24/71	92.5	95.0	97.5	97.5	62.5	-65.0	-65.0	62.5	102.5			102.5	262.5	2/FR-M1//PL	294.26
Kelly Tabor	SC	FR-M1	70.20	72	3/8/70	100.0	107.5	112.5	112.5	45.0	50.0	-52.5	50.0	115.0	125.0	-137.5	125.0	287.5	3/FR-M1//PL	285.46
Amy Stevens	SC	FR-M1	97.50	84+	5/11/72	97.5	102.5	107.5	107.5	67.5	-72.5	72.5	72.5	110.0	115.0	122.5	122.5	302.5	4/FR-M1//PL	253.83
Mary Lou Hill	SC	FR-M3	71.80	72	8/25/48	-30.0	30.0	35.0	35.0	35.0	37.5	40.0	40.0	52.5	57.5	70.0	70.0	145.0	1/FR-M3//PL	141.80
Scottie Duncan	SC	MR-O	72.80	74	6/10/93	175.0	-190.0	190.0	190.0	130.0	-140.0	-140.0	130.0	195.0	210.0	215.0	215.0	535.0	1/MR-O/74/PL	389.37
Joshua Branham	SC	MR-O	72.30	74	1/24/71	145.0	152.5	160.0	160.0	107.5	-112.5	-117.5	107.5	185.0	205.0	210.0	210.0	477.5	2/MR-O/74/PL	349.29
Ross Bowman	SC	MR-O	73.00	74	2/17/91	152.5	162.5	170.0	170.0	100.0	105.0	-110.0	105.0	177.5	187.5	197.5	197.5	472.5	3/MR-O/74/PL	343.22
Jake Howerin	SC	MR-O	80.40	83	9/14/96	225.0	-235.0	-235.0	225.0	142.5	-147.5	-147.5	142.5	-225.0	225.0	242.5	242.5	610.0	1/MR-O/83/PL	415.17
Bradley Robinson	SC	MR-O	82.20	83	2/23/85	175.0	187.5	200.0	200.0	155.0	167.5	-175.0	167.5	220.0	227.5	-245.0	227.5	595.0	2/MR-O/83/PL	399.48

Stephen Irwin	SC	MR-O	81.00	83	1/2/92	200.0	210.0	-215.0	210.0	135.0	142.5	-150.0	142.5	220.0	235.0	-240.0	235.0	587.5	3/MR-O/83/PL	397.97
Travis Pardue	NC	MR-O	82.20	83	5/7/71	185.0	195.0	-207.5	195.0	-115.0	122.5	-127.5	122.5	227.5	250.0	-265.0	250.0	567.5	4/MR-O/83/PL	381.02
David Thompson	SC	MR-O	80.30	83	1/6/77	180.0	182.5	-187.5	182.5	125.0	-135.0	-135.0	125.0	185.0	192.5	200.0	200.0	507.5	5/MR-O/83/PL	345.66
Jan Enabore	SC	MR-O	77.30	83	10/18/92	145.0	150.0	155.0	155.0	112.5	115.0	-117.5	115.0	180.0	187.5	195.0	195.0	465.0	6/MR-O/83/PL	324.62
Nicholas Rivers	SC	MR-O	79.00	83	9/8/93	160.0	165.0	-172.5	165.0	97.5	102.5	105.0	105.0	182.5	185.0	190.0	190.0	460.0	7/MR-O/83/PL	316.57
Orlando McGriff	SC	MR-O	91.70	93	6/3/89	232.5	245.0	-250.0	245.0	-177.5	177.5	185.0	185.0	240.0	-257.5		240.0	670.0	1/MR-O/93/PL	423.77
Ethan Bradham	SC	MR-O	91.60	93	11/4/94	220.0	-235.0	-235.0	220.0	137.5	147.5	-155.0	147.5	252.5	-277.5	-277.5	252.5	620.0	2/MR-O/93/PL	392.34
Shawn Watts	SC	MR-O	93.00	93	7/12/89	197.5	210.0	220.0	220.0	135.0	145.0	152.5	152.5	207.5	217.5	235.0	235.0	607.5	3/MR-O/93/PL	381.63
Matt Reece	SC	MR-O	92.50	93	2/13/96	-182.5	182.5	187.5	187.5	115.0	-120.0	-120.0	115.0	205.0	217.5	-227.5	217.5	520.0	4/MR-O/93/PL	327.50
Kalen Alexander	SC	MR-O	83.30	93	9/22/92	152.5	162.5	-177.5	162.5	112.5	120.0	-127.5	120.0	170.0	182.5	-197.5	182.5	465.0	5/MR-O/93/PL	309.74
Brad Randall	SC	MR-O	84.00	93	11/20/87	135.0	142.5	152.5	152.5	85.0	95.0	-97.5	95.0	152.5	162.5	172.5	172.5	420.0	6/MR-O/93/PL	278.38
Ethan McElroy	SC	MR-O	118.80	120	1/1/93	157.5	-172.5	172.5	172.5	125.0	-137.5	-137.5	125.0	207.5	227.5	-235.0	227.5	525.0	1/MR-O/120/PL	302.56
Justin Shepherd	SC	MR-O	167.30	120+	6/27/78	290.0	310.0	-317.5	310.0	237.5	250.0	-255.0	250.0	282.5	295.0	-302.5	295.0	855.0	1/MR-O/120+/PL	465.55
Travis Pardue	NC	MR-M1	82.20	83	5/7/71	185.0	195.0	-207.5	195.0	-115.0	122.5	-127.5	122.5	227.5	250.0	-265.0	250.0	567.5	1/MR-M1//PL	381.02
Royce Young	NC	MR-M1	102.40	105	2/4/70	170.0	-175.0	175.0	175.0	160.0	-162.5	-162.5	160.0	235.0	242.5	245.0	245.0	580.0	2/MR-M1//PL	349.74
Billy Tabor	SC	MR-M2	82.00	83	9/23/64	167.5	180.0	-185.0	180.0	120.0	127.5	130.0	130.0	212.5	227.5	230.0	230.0	540.0	1/MR-M2//PL	363.10
Adam Yezer	NC	MR-M2	81.90	83	5/9/65	102.5	-122.5	122.5	122.5	127.5	132.5	-140.0	132.5	165.0	175.0	187.5	187.5	442.5	2/MR-M2//PL	297.76
Tom Kerrigan	SC	MR-M3	107.60	120	7/7/49	125.0	137.5	-145.0	137.5	100.0	105.0	110.0	110.0	-125.0	135.0	155.0	155.0	402.5	1/MR-M3//PL	238.52
Jake Howerin	SC	MR-T3	80.40	83	9/14/96	225.0	-235.0	-235.0	225.0	142.5	-147.5	-147.5	142.5	-225.0	225.0	242.5	242.5	610.0	1/MR-T3//PL	415.17
Name	Team	Div	Bwt - kg	IPF Wt Cls	DOB					BP-1	BP-2	BP-3	Best BP					Best BP	Pl/Div/Cl/Event	Wilks Pts
Jerri Lamar	NC	FR-O	56.70	57	5/4/89					50.0	52.5	-55.0	52.5					52.5	1/FR-O/57/BP	61.17
Kelly Brown	SC	FR-O	59.58	63	1/24/71					62.5	-65.0	-65.0	62.5					62.5	1/FR-O/63/BP	70.06
Dorothy Elison	SC	FR-O	82.10	84	10/1/80					67.5	75.0	-82.5	75.0					75.0	1/FR-O/84/BP	67.67
Tracy Cook	NC	FR-O	77.00	84	7/10/70					62.5	67.5	72.5	72.5					72.5	2/FR-O/84/BP	67.82
Rachelle Courtney	NC	FR-O	83.90	84	1/23/92					62.5	65.0	-70.0	65.0					65.0	3/FR-O/84/BP	58.00
Leigha Adams	SC	FR-O	82.50	84	9/30/88					52.5	-60.0	60.0	60.0					60.0	4/FR-O/84/BP	54.00
Amy Stevens	SC	FR-O	97.50	84+	5/11/72					67.5	-72.5	72.5	72.5					72.5	1/FR-O/84+/BP	60.83
Kelly Brown	SC	FR-M1	59.58	63	1/24/71					62.5	-65.0	-65.0	62.5					62.5	1/FR-M1//BP	70.06
Tracy Cook	NC	FR-M1	77.00	84	7/10/70					62.5	67.5	72.5	72.5					72.5	2/FR-M1//BP	67.82
Amy Stevens	SC	FR-M1	97.50	84+	5/11/72					67.5	-72.5	72.5	72.5					72.5	3/FR-M1//BP	60.83

